

**CAROLINE  
HIRONS.**



**HOW TO —**

**AUTUMN KIT #2**



## STEP ONE – CLEANSER

# JANE SCRIVNER NOURISHING CLEANSER 100ML



Glycolic Free



Cruelty Free



Pregnancy  
Friendly



Suitable for  
breastfeeding



All skin types

This multi-award-winning Nourishing Cleanser is a combination of pro-collagen, pro-elastin, organic Jojoba oil, Beeswax and nine 'skin loving' essential oils. Effortlessly removes makeup and deep cleanses the skin. Attracts dirt away from pores, leaving skin clearer and brighter.

## HOW TO USE IT:

- Scoop out an adequate amount (depending on makeup levels!) and massage it thoroughly all over the face. Works as a brilliant makeup remover or second cleanse.
- Remove with the enclosed flannel and lukewarm water.







## STEP TWO – EXFOLIATE

# JOSH ROSEBROOK® DAILY ACID TONER 100ML



Glycolic Free



Cruelty Free



Pregnancy  
Friendly



Vegan



Suitable for  
breastfeeding



All skin types

This Daily Acid Toner is a multi-benefit, exfoliating, brightening, and pH balanced skin toning treatment that works to visibly improve ageing, damaged skin; helps to slow skin deterioration and improves skin texture and structure.

## HOW TO USE IT:

- After cleansing, apply to cotton pads and swipe all over the face. Is safe to be followed with OTC retinoids.



STEP TWO ALTERNATIVE – TREATMENT PREP

## SUNDAY RILEY PINK DRINK MIST 50ML



Glycolic Free



Cruelty Free



Pregnancy  
Friendly



Suitable for  
breastfeeding



All skin types

A power drink for your skin, this peptide-infused essence resurfaces, balances and firms the look of your skin, while drenching it in advanced green tea antioxidant support. Additionally, ceramides nurture the natural moisture barrier, so your skin is left renewed and soft.

### HOW TO USE IT:

- As a first step in your treatment routine, apply to dry skin, after cleansing. Can be misted directly on the face or sprayed into the palm of the hand and patted onto skin. Can be used morning and night, before serums, oils, and moisturiser.







### STEP THREE - EYES

## MURAD VITA-C EYES DARK CIRCLE CORRECTOR 15ML



Glycolic Free



Cruelty Free



Pregnancy  
Friendly



Vegan



Suitable for  
breastfeeding



All skin types

Gold-stabilised Vitamin C eye serum fights the look of dark circles, including blue, brown and red tones, in as little as two weeks. One-of-a-kind Vita-C Complex enhances L-ascorbic acid stability and potency. Helps to de-puff and brighten.

### HOW TO USE IT:

- AM and PM.
- Apply a small amount (half a pump is usually sufficient) to the tip of the ring finger, blend with opposing finger and apply in a circular motion around the eyes.



#### STEP FOUR – SERUM

## DERMALOGICA BIOLUMIN-C SERUM 59ML



Glycolic Free



Cruelty Free



Pregnancy  
Friendly



Vegan



Suitable for  
breastfeeding



All skin types

This potent yet gentle Vitamin C serum works to prevent free radical damage, diminish unbalanced pigmentation and helps to reduce the appearance of fine lines and wrinkles.

### HOW TO USE IT:

- AM and PM.
- Apply a full dropper of the serum into the palm of your hand, do the therapist swipe and smooth hands over face and neck. Use after cleansing or toning, and under moisturiser.







#### STEP FOUR ALTERNATIVE – SERUM

## ZELENS YOUTH CONCENTRATE SUPREME AGE DEFYING SERUM 30ML



Glycolic Free



Cruelty Free



Pregnancy  
Friendly



Vegan



Suitable for  
breastfeeding



All skin types



Brilliant for  
older skin

This supreme age-defying serum is powered with a unique complex containing eight potent peptides and encapsulated retinol, helping to significantly reduce all visible signs of ageing. The skin appears smoother, firmer and renewed with noticeably diminished fine lines and wrinkles.

### HOW TO USE IT:

- PM.
- Apply two to three pumps at night after cleansing (and exfoliating if preferred), follow with moisturiser or oil as preferred.



## STEP FIVE – MOISTURISE

# STRIVECTIN® SD ADVANCED™ PLUS INTENSIVE MOISTURIZING CONCENTRATE 60ML



Glycolic Free



Cruelty Free



Pregnancy  
Friendly



Vegan



Suitable for  
breastfeeding



All skin types

This intensive moisturiser is now more concentrated and powerful than ever and targets 10 types of collagen to visibly improve wrinkles and stretch marks while strengthening the skin barrier. Powered by StriVectin's patented NIA-114, it works to visibly reduce fine lines, significantly improving skin texture and restoring radiance.

## HOW TO USE IT:

- AM.
- Face: Apply a small amount after you've applied your serums and underneath SPF.
- Body: Apply after showering to targeted areas of concern.







## STEP SIX - FACIAL OIL

# OSKIA RESTORATION OIL 30ML



Glycolic Free



Cruelty Free



Pregnancy  
Friendly



Vegan



Suitable for  
breastfeeding



All skin types

Rebalancing, hydrating, and radiance-boosting, OSKIA's Restoration Oil is a delicate blend of ingredients formulated to repair damaged skin and improve elasticity. Starflower, Rose Hip Seed, Borage, Echium, Evening Primrose Oils, Vitamins E & A, African Acemella flower and Alaria Esculenta Algae, all help to increase firmness and suppleness.

## HOW TO USE IT:

- AM or PM.
- Apply either on its own or after serums and either after or under moisturiser, depending on preference. Essentially, you can use it whenever you want to.